

# CHILD CARE CHAT

JANUARY

FEBRUARY

MARCH

2024



**ACPC Office Hours**

Monday - Thursday 8:00 - 5:00  
CLOSED on Friday

**ACPC Holiday Closings**

January 1st and January 15th

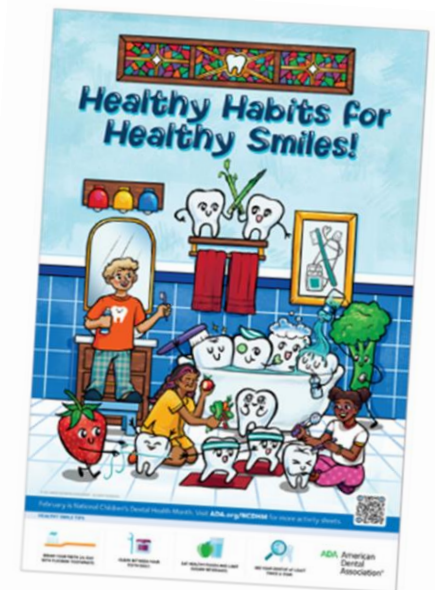


## February is National Children's Dental Health Month!!

Attitudes and habits established at an early age are critical in maintaining good oral health throughout life. By participating in the annual celebration of National Children's Dental Health Month, members of the dental team, parents, teachers and others can help keep children's smiles beautiful now and for years to come.

This year's NCDHM campaign slogan is, **"Healthy Habits for Healthy Smiles."**

For more information and resources on dental health month please visit: <https://www.ada.org/en/resources/community-initiatives/national-childrens-dental-health-month>



## Thinking about continuing your Early Childhood Education? The T.E.A.C.H. scholarship can help!

The T.E.A.C.H. Early Childhood® Scholarship Program offers a variety of different scholarships in partnership with North Carolina community colleges and 16 universities offering degrees in early childhood education and child development.

### Eligibility

**Eligibility for most comprehensive scholarships includes early childhood teachers, directors and family home providers who:**

- Work 30 hours or more per week in a North Carolina licensed child care facility
  - Minimum/maximum number of hours differs for Part-Day programs, CDA Direct Assessment, Practicum Only, and Associate Scholars applicants
  - Scholarships also available to early education specialists working on behalf of early educators, as well as infants, toddlers, and young children or their families

For more information on the T.E.A.C.H. scholarship program please visit:

<https://www.childcareservices.org/>



# Training Calendar

<b>First Aid/CPR</b>	<p>Pediatric CPR and First Aid</p> <p><b>Registration deadline: January 2, 2024</b></p>	<p>January 4, 2024 5:00-9:00pm CVCC-Alexander Campus</p>	<p>CVCC-Alexander Center <b>No FEE</b> for Alexander Providers</p>
<b>ITS-SIDS</b>	<p>To give child care providers an overview of Sudden Infant Death Syndrome (SIDS). Identify the SIDS risk factors and describe ways to reduce the risk of SIDS in child care. Discuss the requirements of NC laws that require placing infants on their back to sleep, keeping documentation and having a Safe Sleep Policy.</p> <p><b>Registration deadline: January 11, 2024</b></p>	<p>January 16, 2024 6:30-8:30pm 2 DCDEE Credits Ashli Elder ACPC</p>	<p>ACPC Office \$5</p>
<b>Building Better Block Centers in the Pre-K Classroom</b>	<p>Ever wonder why you need so many blocks? Or what children are learning as they build? Or why the block center should be out-of-traffic in the classroom? This training will focus on understanding what children learn while playing in blocks AND offer some ideas on building better block centers for the <b>Pre-K</b> classroom. All participants will create some materials to enhance your block center. (maximum of 15 participants)</p> <p><b>Registration deadline: January 23, 2024</b></p>	<p>January 25, 2024 6:30-8:30pm 2 DCDEE Credits Ashli Elder ACPC</p>	<p>ACPC Office \$5</p>
<b>First Aid/CPR</b>	<p>Pediatric CPR and First Aid</p> <p><b>Registration deadline: February 1, 2024</b></p>	<p>February 5, 2024 5:00-9:00pm CVCC-Alexander Campus</p>	<p>CVCC-Alexander Center <b>No FEE</b> for Alexander Providers</p>
<b>Child Abuse and Neglect Preventions and Awareness for Early Educators</b>	<p>Become more familiar with the signs and symptoms of child maltreatment and know when and how to report concerns of maltreatment. This training also reviews the impact of compassion fatigue and resilience on early educators and the children and families they serve.</p> <p><b>Registration deadline: February 8, 2024</b></p>	<p>February 15, 2024 6:30-8:30pm 2 DCDEE Credits Rachel Lentz Child Care Health Consultant ACPC</p>	<p>ACPC Office \$5</p>
<b>Preparing for a Rated License Visit in an ITERS-R classroom</b>	<p>As the North Carolina Rated License Assessment Project nears its 25th year of conducting assessments across the state, there are still questions regarding the assessment process. We will discuss and demonstrate how to most effectively use the NCRLAP website and resources to find answers to common questions and stay prepared for an Infant/Toddler Environment Rating Scale - Revised (ITERS-R) assessment. Additionally, specific topic areas and commonly asked questions related to the ITERS-R that continue to be challenging and/or confusing will be clarified.</p> <p><b>Registration deadline: February 13, 2024</b></p>	<p>February 20, 2024 6:30-8:30pm 2 DCDEE Credits Megan Porter NCRLAP Accessor ACPC</p>	<p>ACPC Office \$5</p>

<b>First Aid/CPR</b>	<p>Pediatric CPR and First Aid</p> <p><b>Registration deadline: March 5, 2024</b></p>	<p>March 7, 2024 5:00-9:00pm CVCC-Alexander Campus</p>	<p>CVCC- Alexander Center <b>No FEE</b> for Alexander Providers</p>
<b>FLIP-It! An Intervention Strategy for Addressing Challenging Behavior</b>	<p>FLIP IT® is a strategy anyone can use to address a challenging behavior. It is a simple, kind, strength-based, commonsense and effective four step process embodied in the FLIP IT mnemonic: F - Feelings, L - Limits, I - Inquiries, and P - Prompts. FLIP IT transforms best practice into a strategy that is easy to remember, applicable in a variety of challenging situations and portable. FLIP IT may not be rocket science, but it is brain development, and an effective strategy all teachers should know how to use. Come learn how to FLIP your kids instead of flipping your lid!</p> <p><b>Registration deadline: March 14, 2024</b></p>	<p>March 21, 2024 6:30-8:30pm 2 DCDEE Credits NaTasha Peterson Healthy Social Behavior Specialist ACPC</p>	<p>ACPC Office \$5</p>
<b>ITS-SIDS</b>	<p>To give child care providers an overview of Sudden Infant Death Syndrome (SIDS). Identify the SIDS risk factors and describe ways to reduce the risk of SIDS in child care. Discuss the requirements of NC laws that require placing infants on their back to sleep, keeping documentation and having a Safe Sleep Policy.</p> <p><b>Registration deadline: March 21, 2024</b></p>	<p>March 26, 2024 6:30-8:30pm 2 DCDEE Credits Ashli Elder ACPC</p>	<p>ACPC Office \$5</p>



- Completed registration **form and fee** must be received by Alexander County Partnership for Children at least 2 days before the training. Please submit form and payment together.
- 24 hour notice of cancellation is required to receive a transferable credit if you are unable to attend.
- Children **ARE NOT** allowed to attend any training.





Now Available

## Professional Development Teacher Membership

No-cost online early education and CDA coursework for North Carolina early childhood professionals.



### Unlimited eLearning courses included with every membership

- Complete your CDA coursework with Teaching Strategies
- Over 400 hours of online coursework included
- Access to live courses and classes and the Hub, with an "Ask the Expert" feature
- Courses in English and Spanish
- Bilingual Help Desk available through [support@teachingstrategies.com](mailto:support@teachingstrategies.com)
- Scholarships are available for CDA books and CDA assessment fees from T.E.A.C.H. Early Childhood® North Carolina: <https://www.childcareservices.org/programs/teach-north-carolina/apply/>



ECE teachers and assistants, except NC Pre-K: Scan the QR code or click [here](#) to access the registration form.



NC Pre-K Teachers: Go to your [MyTeachingStrategies](#) account Develop tab to activate your account.

For questions related to DCDEE NC teacher requirements & flexibilities contact: [dcdee.communications@dhhs.nc.gov](mailto:dcdee.communications@dhhs.nc.gov)  
For questions related to DCDEE NC Pre-K teacher assistant requirements & flexibilities contact: [DCDEE.NCPK.CDA@dhhs.nc.gov](mailto:DCDEE.NCPK.CDA@dhhs.nc.gov)  
Funding for this initiative is provided by the NCDHHS Division of Child Development and Early Education's Preschool Development Grant, Birth-Five (grant number 90TP0056).

*everyone is*

# WELCOME



When you walk into a room what immediately makes you feel welcomed into the space?

High quality classrooms work to develop routines and interactions with children that are both pleasant and helpful. (ECERS-R, 29, 5.2)

Developing a greeting routine in the classroom can be a great tool to build those pleasant and helpful interactions.

NCPMI (National Center for Pyramid Model Innovations) has great resources to get you started! Visit their Resource Library and find **FREE** printable resources in multiple languages!

Search the Resource Library for “Greeting Board” and give a choice board a try in your classroom to develop warm welcoming mornings for children and families.



[HTTPS://CHALLENGINGBEHAVIOR.ORG/RESOURCES/](https://challengingbehavior.org/resources/)

In the North Carolina Foundations for Early Learning and Development, Language Development and Communication goal LDC-7i states: "Children respond to and use a growing vocabulary."

One of the ways children learn new vocabulary is by singing and saying rhymes. Try this winter song to the tune of "99 Bottles of Pop on the Wall" or just say it as a rhyme while twirling and swirling with your children. Talk with children about "twirling and swirling!" Dance and have some fun this winter!



Alexander County Partnership for Children  
PO Box 1661  
Taylorsville, NC 28681

